

Pediatric Airway and Sleep Questionnaire

Patient Name/DOB: D	Date:		
	Yes	No	Don't Know
While sleeping, does your child			
have trouble breathing or struggle to breath?			
stop breathing during the night?			
have "heavy" or loud breathing?			
snore regularly?			
snore loudly?			
snore more than half the time? appear to be a restless sleeper? child kick during sleep?			
have nightmares?			
scream in their sleep?			
grind their teeth during sleep? sleepwalk?			
occasionally wet the bed?			
Upon awakening, does your child			
have a dry mouth in the morning?			
tend to breathe through the mouth during the day?			
wake up feeling un-refreshed in the morning?			
have a problem with sleepiness during the day?			
have trouble getting going in the morning?			
wake up with headaches in the morning?			
Have you noticed that your child			
does not seem to listen when spoken to directly?			
has difficulty organizing tasks?			
is easily distracted by extraneous stimuli?			
fidgets with hands or feet or squirms in seat?			
interrupts or intrudes on others (e.g. butts into conversations or games)?			
has a teacher or other supervisor comment that your child appears sleepy during the day?			
has been diagnosed with ADD, ADHD or another learning disability?			
Additionally			
did your child stop growing at a normal rate at any time since birth?			
is your child overweight?			
does your child have tired eyes/dark circles under the eyes?			
does your child have flat cheeks?			
does your child have excess gum tissue?			
does your child's teeth seem crooked or misaligned?			
does your child have allergies?			
does your child have frequent colds?			
does your child have trouble breathing through the nose?			
does your child have difficulty with pronunciation or other speech problems?			